

Example Scenario 2 - MindVerse

MindVerse works like a compiler with different methods and perspective-changing scenarios that fit your condition.

Losing a loved one (Perspective changing Scenario):

The book “Men’s searching for meaning”, written by Austrian neurologist, Viktor Frankl, described how he cured a man who lost the loved one.

Once, an elderly general practitioner consulted me because of his severe depression. He could not overcome the loss of his wife who had died two years before and whom he had loved above all else. Now, how can I help him? What should I tell him? Well, I refrained from telling him anything but instead confronted him with the question,

“What would have happened, Doctor, if you had died first, and your wife would have had to survive you?”

“Oh,” he said, “for her, this would have been terrible; how she would have suffered!”

Whereupon I replied, “You see, Doctor, such a suffering has been spared her, and it was you who have spared her this suffering — to be sure, at the price that now you have to survive and mourn her.”

He said no word but shook my hand and calmly left my office. In some way, suffering ceases to be suffering at the moment it finds a meaning, such as the meaning of a sacrifice”

As you can see, the author enables the patient to find meaning in his suffering by changing the patient’s perspective.

A very basic approach in the game, we will have you see vividly, what is happening to your loved ones if you died first: he/she is going to get depression and live/her life for a long time.

Also, what happens to you after you die: you went to heaven (can be customized by your belief) and there is anything you need.

Later, you will find the magic in heaven that can reverse your death and make her die and you live. (what will you do? You will have to make a decision)

If you used the magic, and then she passed away and went to heaven while you are suffering.

The game wants to indicate that the situation you have in reality is because you spared her the suffering (you probably will realize it on your own and change the negative way of thinking about this event.)